



PATIENT HANDOUT



*Non-Drug Ways to Promote Health by
Lowering Blood Pressure*



*Non-Drug Ways to Promote Health by
Lowering Blood Pressure*



*Non-Drug Ways to Promote Health by
Lowering Blood Pressure*



*Non-Drug Ways to Promote Health by
Lowering Blood Pressure*



*Non-Drug Ways to Promote Health by
Lowering Blood Pressure*



*Non-Drug Ways to Promote Health by
Lowering Blood Pressure*



*Non-Drug Ways to Promote Health by
Lowering Blood Pressure*

http://www.fammed.wisc.edu/integrative/modules#patient_handouts